

An interview with Mubarak

September 25th 2014

I don't usually have much time in the mornings, so I have coffee brewing as soon as I get up, and a bowl of cereal on the way out the door. Usually it's Special K, or just regular bran flakes. Skimmed milk for the cereal, but black coffee. If I get time I'll make some sandwiches for lunch, but usually I try to get out as early as possible so I can beat the traffic.

If I do manage to make something, if I have some rye bread in or something, I'll pack some turkey slices, and ham or something. If I have leftovers I will take those it, I guess it's not a very healthy lunch. I eat a lot more in the evening.